

# WHAT'S ON AROUND ME?

شو في  
حوالينا



**JANUARY -  
MARCH 2023**

كانون ثاني - اذار

Welcome to 'What's on around me?' This is a guide to what activities are going on in your area and how you can get involved.

أهلا بكم مع نشرة "شو في حوالينا؟". الهدف من هذه النشرة الفصلية تعريفكم واعلامكم عن فعاليات مختلفة تقام في مكان سكناكم و تلائم جميع الأعمار، مع تفاصيل حول كيفية المشاركة.



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## قائمة المحتويات

Carrigaline  
Macroom  
Mallow  
Fermoy  
Youghal  
Midleton  
Cobh



If you want to join in with an activity, you can call the organiser.

إذا كنت ترغب \ ترغبين  
بالإنضمام لأي فعالية، الرجاء  
التواصل مباشرة مع الجهة  
المنظمة للفعالية.

For suggestions - please contact Rola Abu Zeid - O'Neill, Community Health Worker, 087-4474831

لاقتراحاتكم - يمكنكم الاتصال  
مع رلى أبو زيد - أونيل،  
أخصائية صحة مجتمعية،  
0874474831



WHAT'S ON AROUND ME?

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# CARRIGALINE

## SPORTS AND SOCIAL ACTIVITIES لقاءات دورية لجميع أفراد العائلة، وفعاليات رياضية

Type of Activity	Name of activity	Start date	Day	Time	Course length	Cost	Who is it for	Details	Address	Contact
Social	Carrigaline Men's Shed	Ongoing	Mon – Sat	10am – 4.30pm	ongoing	Free	Men رجال	Social groups for men to do activities together like gardening and DIY	Church Road, Carrigaline.	Roger 087 2203 547
Environment	Carrigaline Tidy Towns				ongoing	Free	Adults	Voluntary contribution that focus to encourage communities to improve their local environment and make their area a better place to live, work and visit.	Carrigaliett@gmail.com	0877817857
Social	Meet & Chat / Knitting	Ongoing	Mon الاثنين	2pm - 4pm	ongoing	Free	Over 60's نساء	Social, easy going social meetings to get together. Tea, Coffee and a chat. Knitting and crafts are encouraged but not essential.	Carrigaline Family Support Centre	021 491 9299
Wellbeing	Yoga يوغا	Ongoing	Tues الثلاثاء	12 – 1 and 1 – 2	ongoing	Free	Over 50's	Chair based, gentle yoga. Booking is essential as places are limited (2 groups)	Carrigaline Family Support Centre	021 491 9299
Play Social Support	Cuidiu	Current	Fri الجمعة	9:30 – 11.30 am	ongoing	Free	Parent and child امهات وأطفال	Breast feeding support group for parents. Meet and chat with parents. Play for babies and toddlers. معلومات وإرشادات لتتجيب الجماعة	Carrigaline Family Support Centre	Cuidiu, Louise 0857171783

Sport	Football Academy	Ongoing	Sat	9am	Membership fee	Boys	Contact the age coach for availability Ballea Park, Ballea Rd, Carrigaline West, Carrigaline, Co. Cork Phone: (021) 437 6991	Carrigaline United Soccer Club Bottom Pitch	Check Facebook page
Sport	Football Academy	Ongoing	Sat	12:45 pm	Membership	Girls	Contact the age coach for availability	Carrigaline United Soccer Club Bottom Pitch	Check Facebook page
Sport	Football	Ongoing			Membership	All Ages	Contact the age coach for availability	Carrigaline United Soccer Club Bottom Pitch	Check Facebook page
Sport	Start to Move programme	8 weeks Starts 7 <sup>th</sup> February					To provide opportunity for people to experience exercise. The programme designed to empower participants to focus on the area of their everyday activities.		Contact <a href="mailto:weelcommactive@corksports.ie">weelcommactive@corksports.ie</a>



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# CARRIGALINE

دورات  
تعليمية  
لغة إنجليزية  
وكمبيوتر

CARRIGALINE FURTHER EDUCATION CENTRE  
UNIT 1, CHERRY GROVE, HERONS WOOD

Education	ESOL Courses		Mon	11.15a m to 1.15pm				It is an Improvers English but level would be just above beginners.	Carrigaline Further Education Centre Unit 1, Cherry Grove, Herons Wood Carrigaline	Frances 021 4373767
English	English Class		Thurs	11.15a m - 1.15pm			Adults	Beginners English Class	Carrigaline Further Education Centre	Frances
English	conversation English	Coming soon		evening			Adults	Contact Frances McInerney for more details and registration	Carrigaline Further Education Centre	February/March
Crafts	Textile course	Start 1 <sup>st</sup> February	Wed	10am to 12pm			Adults	This course has a choice of sewing, knitting or crochet there are a few places left.	Carrigaline Further Education Centre	Frances
Crafts	Weaving	started 26 <sup>th</sup> Jan	Thurs	10am to 12pm				Weaving suitable for those who have previously done some weaving or who does tapestry or knitting.	Carrigaline Further Education Centre	Frances
Craft	Printing	started 26 <sup>th</sup> Jan	Thurs	1pm to 3pm				Using a small table top printer and can include card making	Carrigaline Further Education Centre	Frances
Craft	Art Classes	starting 21 <sup>st</sup> February	Tuesd	10.30a m to 12.30p m					Carrigaline Further Education Centre	Frances

IT	Technology L2 QQI		Tues	4.30pm to 6.30pm				Using smartphone with some computer work	Carrigaline Further Education Centre	Frances
IT	Computer File Management		Wed	2pm to 4pm	starting 22 <sup>nd</sup> February	5 weeks		The process and act of creating an organized structure in which you store information for easy retrieval	Carrigaline Further Education Centre	Frances
IT	Introduction to Power Point		Tues	2pm to 4pm	starting 21 <sup>st</sup> February	6 weeks			Carrigaline Further Education Centre	Frances

Pease note that Carrigaline Further Education Centre can also run Literacy classes for reading, writing and spellings and communications if there is an interest. Contact Frances to discuss it.

في حال رغبتكم بتعلم مواضيع ودورات أخرى ولديكم اقتراحات معينة، الرجاء التواصل مع فرانسيس



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# CARRIGALINE

## ARTS AND CLUBS CONTACTS دورات فنون وقائمة بأسماء نوادي رياضية واجتماعية

Children	Encanto amp		Friday	9:30am – 2:30pm	17 <sup>th</sup> Februar y	40 euro	age 3.5 years onward s	Dance, sing, story-telling, games, arts and crafts activities	Carrigaline Community Centre	Book online
Art	Owenabue Artists Collective	Ongoing	Closed Tue and Sun	10-6pm		Free Entrance	All ages	An Art Gallery, open 5 days a week, usually holding exhibitions and musical events	Main Street Carrigaline	086 322 0336

### Contact of some social and sport groups:

- GAA Club 021-4373252
- Carrigaline Utd Soccer Club 021-4376991
- Camogie Club - Stephanie 087-9308525
- Carrigaline Tennis Club - Brian Walsh 021-4373077
- Carrigaline Rugby Club - Jerome O'Sullivan 087-9467343
- Royal Yacht Club 021-4831023
- Taekwondo - Michael Burke 087-2338578
- Carrigaline Badminton Club  
<https://carrigalinebadminton.ie>
- Carrigaline Gymnastic Club - Colm 086-1556615



# MACROOM

## SPORTS AND SOCIAL ACTIVITIES

### لقاءات دورية لجميع أفراد العائلة، وفعاليات رياضية

Type of Activity	Name of activity	day	time	cost	Who is it for	Details	address	contact
Social	Macroom Men's Shed	Tues, Wed, Fri	2 - 4 pm		Men	Social groups for men to do activities together like gardening and DIY	Masseytown, Macroom	Sean 087 7703899 Paddy 0872638822
Environment	Macroom Tidy Towns	Sat	9 - 11 am	Free	Adults	Voluntary contribution that focus to encourage communities to improve their local environment and make their area a better place to live, work and visit.		086 8175859
Wellbeing	Affordable Counselling استشارة بأسعار مخفضة					A full range of Counselling Supports: Marriage Counselling, Personal & Family Support Counselling; Rainbows Bereavement Supports (for Children who have experienced loss through death, marriage break-up, relationship strains, etc.)	Macroom Family Resource Centre	026-20744 Email: <a href="mailto:info@macroomfrc.com">info@macroomfrc.com</a>

Sport	Football Academy		Membership	Boys ages of 7-11 Girls under 11	Fees for 2022 /2023 are €75 for the first player and €50 for 2nd and 3rd players up to a capped total of €175 per family. <b>Contact the age coach for availability</b>	Macroom Football Club (Macroom FC) P12 VX29	089 956 4899 <a href="mailto:info@macroomfc.ie">info@macroomfc.ie</a>
Sport	Football		Membership	Girls	<b>Contact the age coach for availability and information</b>		Roy Desmond (Girls) 087 797 8636
Sport	Football		Membership	Boys	<b>Contact the age coach for availability and information</b>		Rhys Hopkins (Schoolboys) 085 713 4303



# MACROOM

COLLEGE OF FET, SULLANE CENTRE  
CONTACT SHEILA 086-8239097



**Cork College of FET**  
Cork's Further Education & Training Service

**SULLANE CENTRE**  
A Pathway for Every Learner

Formerly Macroom Further Education & Training Centre

69 New Street, Macroom, P12 PK12. Tel: 086 8239097

## COURSES STARTING JANUARY / FEBRUARY 23

### COMPUTER COURSES

- Beginners Computers
- Internet & E-mail Skills Level 3
- Word Processing Level 3
- iPad, Tablet, Smart Phone
- Payroll & Accounts
- Spreadsheets Level 3
- Office Administration Level 4 (September 23)

### LANGUAGES

- Irish
- English for Speakers of Other Languages

### EMPLOYABILITY COURSES

- Customer Service Level 4 (September 23)
- Work Experience Level 4
- Child Development & Play

### HEALTH

- Yoga
- Relaxation Techniques & Mindfulness
- Personal Development
- Using herbs for Health

### GARDENING AND RECYCLING

- Container Gardening
- Horticulture Level 4
- Recycling & Environment

### RECREATIONAL COURSES

- Art (Painting and Drawing)
- Craft
- Singing
- Cookery
- Candlemaking
- Ceramics

**COURSES ARE FREE & PART-TIME**

**PHONE: 086 823 9097**

sheila.scully@corketb.ie Sullane Centre

**COVID 19** | This centre will be guided by advice on social distancing and other requirements to ensure safety and wellbeing of our learners and staff members.



**QQI**  
Quality and Qualifications Ireland  
Dearbhlú Cállochtá agus Cállochtá Éireann



Rialtas na hÉireann  
Government of Ireland



Có-mhaoinithe ag an  
Aontas Eorpach  
Co-funded by the  
European Union

**SOLAS**  
learning works



دورات  
تعليمية  
لغة  
إنجليزية،  
كمبيوتر،  
ومواضيع  
إضافية.

لمزيد من  
التفاصيل،  
يمكنكم  
الاتصال مع  
شيلا



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# MACROOM

## MACROOM LIBRARY

### فعاليات دورية في المكتبة العامة للكبار والأطفال

#### Library Events

##### Adult Book Club

First Wednesday of every month at 11.30am

##### Bridge Club

One Wednesday a month at 10am. Contact library for details

##### Children's Storytime

Every Saturday at midday

##### Ciorcal Cainte

Second and fourth Thursday of every month at 11.30am

##### Creative Writing Group

First Friday of every month at 11am

##### Music Morning

Second Friday of every month at 11am

##### Purlies Knitting Group

First and third Thursday of every month at 11.30am

\*Other events and activities are advertised in the library and in the Lee Valley Outlook\*

Events can be subject to change during the year, please contact Macroom Library to confirm if an event is taking place.

#### Opening Hours

Monday	Closed
Tuesday	9.30am – 5.30pm
Wednesday	9.30am – 5.30pm
Thursday	9.30am – 5.30pm
Friday	9.30am – 5.30pm
Saturday	9.30am – 5.30pm
Sunday	Closed

Also closed on Saturday of Bank Holiday Weekends



Comhairle Contae Chorcaí  
Cork County Council

#### Cork County Library & Arts Service

Carrigrohane Road, Cork

Phone: 021 4546499

Email: [corkcountylibrary@corkcoco.ie](mailto:corkcountylibrary@corkcoco.ie)

Website

[www.corkcoco.ie/en/resident/libraries](http://www.corkcoco.ie/en/resident/libraries)

Twitter

[www.twitter.com/corkcolibrary](https://www.twitter.com/corkcolibrary)

Facebook

[www.facebook.com/corkcocolibary](https://www.facebook.com/corkcocolibary)

## Macroom Library



Oak House

Railway View

Macroom

Phone:

026 42483

Email:

[macroom.library@corkcoco.ie](mailto:macroom.library@corkcoco.ie)



Comhairle Contae Chorcaí  
Cork County Council

لقاءات اجتماعية دورية تشمل ورشات كتابة ابداعية, حياكة, موسيقى, وغيرها  
فعاليات للاطفال: ساعة قصة كل يوم سبت الساعة 12 ظهرا,  
ونادي تركيب ليغو



# MACROOM

## MACROOM LIBRARY

### خدمات عامة في المكتبة

#### Membership

Joining the library is completely free!

All you need to join is Photo I.D and Proof of Address

Parents/Guardians must provide Photo I.D and Proof of Address of themselves when joining kids under 18 years old

#### Borrowing Items

We've got collections of:

- Fiction
- Non-Fiction
- Kids books – ages ranging from toddlers to 12 years old
- Teenage
- Young Adult
- DVDs
- Audiobooks

You can borrow 12 items for 3 weeks

#### Requesting Items

You can now request items from any public library in the country. Just ask us at the desk or request them yourself with your online at

[www.corkcoco.ie/en/resident/libraries](http://www.corkcoco.ie/en/resident/libraries)

#### Newspapers

We get the Irish Examiner and the Irish Times every day, plus the Southern Star, The Corkman. Come on in and catch up on the latest news!

#### Internet

We have 5 public computers which can be accessed by library members.

Printing costs:

1-sided Black & White: 15c per page

1-sided Colour: 60c per page

Members have access to free wifi

Members also have access to our scanner

#### Photocopying

Black & White

1-sided A4: 15c

Doubled-sided A4: 25c

1-sided A3: 30c

#### Online Services

When you become a member, you gain access to all of our free online services:

#### **E-Books and E-Audiobooks**

You can download and enjoy e-books and e-audiobooks on your computer or on your phone/tablet using the BorrowBox app

#### **E-Magazines**

You can download and enjoy a range of some of your favourite magazines for free on your computer or on your phone/tablet using the Libby app

#### **E-Newspapers**

Access archives containing decades of old Irish newspapers using one of our public computers

#### **E-Learning Courses**

Access hundreds of free online courses ranging from Accounting to Web Development

#### **E-Language Learning**

Gain access to Transparent Language Online and learn a new language!

More online services can be found at

[www.corkcoco.ie/en/resident/libraries](http://www.corkcoco.ie/en/resident/libraries)



#### **Location**

Macroom Library,  
Railway View,  
Macroom,  
Co. Cork  
P12 F767

تصوير وطباعة  
مستندات,  
استعمال الانترنت,  
واستعارة كتب



WHAT'S ON AROUND ME?

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# MALLOW

## SPORTS AND SOCIAL ACTIVITIES

### لقاءات دورية لجميع أفراد العائلة، وفعاليات رياضية

Type of Activity	Name of activity	day	time	Course length	cost	Who is it for	Details	address	contact
Social	Mallow Men's Shed	Tues, Wed, Thurs	7 – 9 pm	Ongoing	1 euro per week	Men	Social groups for men to do activities together like gardening and DIY	Community Garden, Fair st. Mallow	Mike 087 2486 143
Environment	Mallow Tidy Towns	Sat	8 am	Ongoing	Free	Adults	Voluntary contribution that focus to encourage communities to improve their local environment and make their area a better place to live, work and visit.	8am: Hibernian Way check Facebook page for updates	Text 087 635 9944
Social	Laugh & Craft ضحك وأشغال يدوية	Tues الثلاثاء	7.30 – 9 pm	Ongoing		Women		Hall, Mercy Centre, Mallow 02242439	Le Cheile Family Resource Centre
Social	Women's Shed	Thurs الخميس	10am – 12pm	Ongoing		Women		Mercy Centre - Back Room 02242439	Le Cheile Family Resource Centre
Sport	Football Academy				Membership	Boys and Girls	Contact the age coach for availability Check Facebook page for updates	Mallow United AFC	085-1819135 Email: info@mallowunited.com
Sport	Football				Membership	All ages, Children, Men, and Women	Contact the age coach for availability Check Facebook page for updates	Mallow United AFC	085-1819135 Email: info@mallowunited.com

لقاءات نسائية كل يوم خميس مساء في مركز الرحمة  
كرة قدم لجميع الأجيال  
Men's Shed ... Tidy Town  
للتفاصيل - الرجاء الاتصال مع الجهة المسؤولة لكل فعالية



WHAT'S ON AROUND ME?

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# MALLOW

## MALLOW LIBRARY خدمات عامة في المكتبة

### Membership

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### Borrowing Items

We've got collections of:

- Fiction
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- Kids books – ages ranging from toddlers to 12 years old
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- Young Adult
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### Newspapers

We get the Irish Examiner and the Irish Times every day, plus the Southern Star, The Corkman. Come on in and catch up on the latest news!

### Internet

We have 5 public computers which can be accessed by library members.

Printing costs:

1-sided Black & White: 15c per page

1-sided Colour: 60c per page

Members have access to free [wifi](#)

Members also have access to our scanner

### Photocopying

Black & White

1-sided A4: 15c

Doubled-sided A4: 25c

1-sided A3: 30c

### Online Services

When you become a member, you gain access to all of our free online services:

#### **E-Books and E-Audiobooks**

You can download and enjoy e-books and e-audiobooks on your computer or on your phone/tablet using the [BorrowBox](#) app

#### **E-Magazines**

You can download and enjoy a range of some of your favourite magazines for free on your computer or on your phone/tablet using the Libby app

#### **E-Newspapers**

Access archives containing decades of old Irish newspapers using one of our public computers

#### **E-Learning Courses**

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تصوير وطباعة  
مستندات, استعمال  
الانترنت, واستعارة  
كتب



WHAT'S ON AROUND ME?

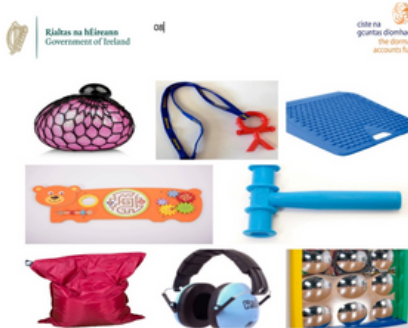
شو في حوالينا؟

# MALLOW

## MALLOW LIBRARY

### فعاليات دورية في المكتبة العامة للكبار والأطفال

<i>Tuesday</i> الثلاثاء	<i>Wednesday</i> الأربعاء	<i>Thursday</i> الخميس
14.00 – 16.00pm – Mallow Scribes	10.00am – 12.00pm – HSE Breastfeeding Support Group 14.30 – 16.30pm – Adult Knitting Group	10.30am – 12.30pm – Library Quilters 10.30am – 12.30pm – Lace Makers (2nd Thursday of the month) 14.30 – 16.30pm Active Retirement Group – Cards
<i>Friday</i> الجمعة	<i>Saturday</i> السبت	<p><b>Please check with library staff on 022-21821 for dates of monthly activities as they are subject to change.</b></p> <p>الرجاء فحص صفحة الفيسبوك أو الاتصال مع المكتبة للتأكد من عدم تغيير جدول الفعاليات ومعرفة فعاليات جديدة</p>
10.30 – 10.50am – <u>Totstime</u> 14.00 – 15.00pm – Adult Bingo (3rd Friday of the Month) 16.00 – 17.00pm – <u>Knitwits</u>	10.30 – 11.30am – Adult Book club (2nd Saturday of the month) 11.30am – 12.00pm – <u>Storytime</u> 14.30 – 15.15pm – Children's Book club (2nd Saturday of the month) 15.30 – 16.30pm – Lego Club	



### Sensory Talk

Mallow Library | Wednesday 8<sup>th</sup> February 2023 | 12.30

Senior Occupational Therapist (OT) Jess Kennedy from My OT & Me will give a talk on understanding the different sensory systems & the benefits of using specific sensory tools available in the library to support children in school and home settings. The sensory tools/toys that are available in the library are specially designed to engage one or more of the senses, many of which can help to support a child's ability to remain calm in different environments. This talk is targeted at parents, teachers, preschool educators or anyone who is caring or working with children. There will also be an opportunity to ask any questions at the end.

Places are limited so please book in advance.

Contact Details | T: 022-21821 | E: mallow.library@corkcoco.ie



### Epilepsy Support Group

Mallow Library | Tuesday 14<sup>th</sup> February 2023 | 12.30 – 14.00

Join Sharon O'Connell of Epilepsy Ireland in Mallow Library at the inaugural meeting of the Mallow Epilepsy Support Group.

Meetings will take place every quarter and are designed to support people with epilepsy as it offers them an opportunity to meet with others who are living with the condition to discuss any challenges or frustrations they may have because of the condition, and to offer mutual support to each other.

Epilepsy Ireland also host support groups for parents / carers of children with epilepsy. Similar to the group above, these groups allow parents to meet with others who are supporting a child living with the condition; discuss any challenges they may be facing; concerns they may have; and to hear from & meet with other parents who may have insights on what you may be experiencing.

Contact Details | T: 022-21821 | E: mallow.library@corkcoco.ie

@corkcoco

@corkcoco

www.corkcoco.ie/en/resident/libraries

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# MALLOW

## LE CHEILE FRC فعاليات في لايلا مع بولين

Social	Cool Walkers مجموعات مشي سريع	Tues الثلاثاء	11 am	Ongoing	Free	Adults	Fast brisk walk, good chat and great opportunity to meet new people. Walk is usually for an hour long, and is usually followed by a tea/coffee and chat.	Mallow Castle Grounds, Doneraile Park or Nano Nagle Centre.	Pauline 087-4335047 للتسجيل ومزيد من التفاصيل - الرجاء الاتصال مع بولين
Social	Strollers Walking Group مجموعات مشي بطيء	Thurs الخميس	11 am	Ongoing	Free	Women	Slow strolling walk, meet at different venues from time to time. Walk usually takes one hour, and is always followed by a tea/coffee and further chat.	Mallow Castle Grounds, Doneraile Park or Nano Nagle Centre.	Pauline 087-4335047 للتسجيل ومزيد من التفاصيل - الرجاء الاتصال مع بولي
Social	Groovy Movers	Mon الاثنين	11 am - 12pm	6 weeks	20 euro for 6 sessions	Adults	Commencing on Monday, 30 <sup>th</sup> January		
Social	Chair Yoga يوغا الكرسي	Wed الأربعاء	2-3 pm	6 weeks course	20 euro for 6 sessions	Women	Commencing on Wednesday, 25 <sup>th</sup> January		Pauline 087-4335047



### JANUARY/MARCH 2023



#### Activities @ Mallow Community Health Project.

**Cool Walkers** Meet every Tuesday at 11am. For brisk walk, meet at different venues from time to time.

**Strollers Walking Group** Meet every Thursday at 11am. Slow strolling walk, meet at different venues from time to time.

**Chair Yoga:** Mallow Community Health Project are running a 6 week Chair Yoga, commencing on Tuesday 24th January @ 11am-12 mid-day. €20 for 6 weeks classes @ Underground Car Park, Le Cheile

**Groovy Movers:** Mallow Community Health Project are running 6 weeks exercise course, Groovy Movers, commencing on Monday the 30th January @ 11am-12 mid-day. €20 for 6 weeks classes @ Underground car Park.

**Chair Yoga.** Mallow Community Health Project are running 6 weeks Chair Yoga, commencing on Wednesday, the 25th January @ 2-3pm. €20 for 6 weeks classes @ Underground Car Park, Le Cheile

**TO REGISTER FOR ANY OF THESE ACTIVITIES PLEASE CONTACT**  
**Community Health Worker Pauline O'Grady-Noonan at (087)4335047 or Email: cfp@lecheilefrc.ie**



Find us on Facebook @ Mallow Health Project



Find us on Instagram @ mallowcommunity



Find us on Twitter @HealthMallow



Find our Website @ www.mallowchp.com



### WHAT'S ON AROUND ME?

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# MALLOW

LE CHEILE FRC  
فعاليات في مركز لاكيلا

## Coffee & Information Morning

### قهوة ومحادثة

**Venue:**  
**Mercy Centre**  
مركز الرحمة  
**Fair Street, Mallow**  
**P51 PF10**

**Date:**  
**9<sup>th</sup> February**  
**2023**  
الخميس، 9 شباط

**Time:**  
**11am to**  
**12.00noon**

**Warmly welcomed by**  
**Le Chelle FRC**  
**staff**  
طاقم مركز لاكيلا  
لرهب بكم

**Information on:** Volunteering opportunities, local sports and leisure groups and services,  
Come and meet others in the community  
سوف يتم الحديث وتوفير معلومات عن امكانيات متنوعة للتلوع، مجموعات وخدمات رياضية وترفيهية محلية.  
التقاء مفتوح لكم للمجيء ولقاء آخرون

**Pilates vs Yoga**

**Le Chelle**  
Family Resource Centre

**Please text us on 086-6012220 to let us know you will come along!**  
**For more information, please contact Sharon at: 022-42439**  
لاعلامنا برعبتك بالحضور، الرجاء ارسال نصية لهاتف رقم 0866012220  
لمزيد من الاالتفاصيل، الرجاء الاتصال مع شارون 02242439



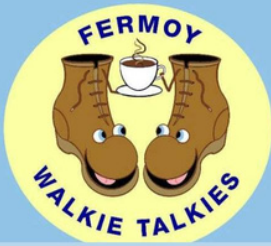
WHAT'S ON AROUND ME?

شو في حوالينا؟

# FERMOY

## FERMOY COMMUNITY HEALTH PROJECT

فعاليات مشروع الصحة المجتمعية  
لمزيد من المعلومات - الرجاء التواصل مع جاسينتتا  
JACINTA MCCORMACK 085-8742320



**Walk & Talk Your Way  
into Regular Exercise  
with one of our  
Walking Groups**

**Monday Morning 11am**

This walking group is for people who enjoy walking with others at a steady, but brisk pace.



**Tuesday afternoon 2.30pm**

This walking group is for people who enjoy a nice slow and easy stroll in good company.

~ New walkers are always welcome ~

To join our group please register in advance by contacting  
Jacinta McCormack, Fermoy Community Health Worker  
on 085 8742320



Fermoy  
Community  
Health Project



# YOUGHAL

## YOUGHAL COMMUNITY HEALTH PROJECT

فعاليات مشروع الصحة المجتمعية  
لمزيد من المعلومات - الرجاء التواصل مع نيف  
NIAMH HERBERT 087-6413468

### Youghal Community Health Project February Group Schedule

Monday

**Happy Feet  
Walking Group**  
11am - 12.30pm

New members welcome!

Tuesday

**Parent & Toddler Group**  
9.30am - 10.30am (outside)  
11am - 12pm (inside)

New members welcome!

Wednesday

**Bright Sparks**  
9.30am - 10.30am

Waiting list in place

Thursday

**Social Crafters**  
10am - 12pm

New members welcome!

**Singing for the Brain**  
2pm - 3.30pm

Waiting list in place

Friday

**Youghal Social Cafe  
Dementia support**  
11am - 1pm

(last Friday of the month)  
New members welcome!

**Meals on Wheels**  
Mon/Wed/Fri  
087 3851764

**Build it Buddies Lego Group**  
(6 to 10 yrs)  
3.30pm - 4.15pm

Waiting list in place

**Carers Support Group**  
7.30pm - 9pm  
(1st Wednesday of the month)  
New members welcome!

For bookings or info contact  
Community Health Worker  
Niamh Herbert  
0876413468



فعاليات خلال جميع أيام الأسبوع, تشمل مشي, غناء, وأشغال يدوية  
لقاءات للأهل والطفل  
فعاليات تركيب ليفو للأطفال



# MIDELTON

## SPORTS AND SOCIAL ACTIVITIES لقاءات دورية لجميع أفراد العائلة، وفعاليات رياضية

Type of Activity	Name of activity	day	time	Course length	cost	Who is it for	Details	address	contact
Social	Midleton Men's Shed	Tues & Fri	11 am - 5 pm	Ongoing	Free	Men	Social groups for men to do activities together like gardening and DIY	Midleton Community Centre, Bailick Road,	Tim 086 8545 341 Sean 086 8525 803
Environment	Midleton Tidy Towns	Sat	8 am	Ongoing	Free	Adults	Voluntary contribution that focus to encourage communities to improve their local environment and make their area a better place to live, work and visit.	Check Facebook page	

## Midleton Family Resource Centre فعاليات في مركز العائلة

Sport \ Wellbeing	Zumba زومبا	February 13th	Mon الاثنين	11 am - 12.30 pm	6 weeks			Midleton Family Resource Centre, Old Youghal Road 021-4633522	Nora Conway 085-8625320
Wellbeing	Meditation and Mindfulness Programme إبرمج تأمل وتركيز	started on 26th January	Thurs الخميس	10 - 11.30 am	4 weeks			Midleton FRC, 021-4633522	Nora Conway 085-8625320
Wellbeing \ Craft	Aromatherapy & Candle making عطور وشموع	starting 21 <sup>st</sup> February	Tues الثلاثاء	7.00 pm	4 weeks			Midleton FRC, 021-4633522	Nora Conway 085-8625320
Craft	Nimble Fingers (Arts & Crafts) أشغال يدوية		Wed الأربعاء	10.30 until 12.30				Midleton FRC, 021-4633522	Nora Conway 085-8625320
	TAI CHI	starting on 3 <sup>rd</sup> March	Friday الجمعة	10 am	8 weeks			Midleton FRC, 021-4633522	Nora Conway 085-8625320
	Computer classes دروس كمبيوتر			لا يوجد تاريخ حالياً. الرجاء الاتصال مع نورا للمزيد من المعلومات	Coming soon. Contact Nora for more information			Midleton FRC, 021-4633522	Nora Conway 085-8625320
	Basic Horticulture زراعة وبسطة			لا يوجد تاريخ حالياً. الرجاء الاتصال مع نورا للمزيد من المعلومات	Coming soon. Contact Nora for more information			Midleton FRC, 021-4633522	Nora Conway 085-8625320



# MIDELTON



## KIDS & TEENAGER ACTIVITIES

Activity	Time	Contact	Phone
<b>Studio D Dance Classes</b>	Mondays <u>Smallies</u> 5-6pm <u>Tns</u> 6-7pm Tuesdays TT 5-5:40pm <u>Ady</u> 5:50 7:45pm Wednesdays 4pm - 5.45pm	Diane O'Sullivan	083- 8203859
<b>Frazzled Mammy ART Classes</b>	Tuesday 3:30pm - 4:30pm Class 1: Senior Infants - 2 <sup>nd</sup> Tuesday 4:40 - 5:40pm Class 2: 3 <sup>rd</sup> - 6 <sup>th</sup> class	Maeve O <u>Keeffe</u>	087- 6684021
<b>Shevaun Hogan School of Drama.</b> (Classes for all ages up to secondary school & College)	Thursday's 4:00-6pm (Secondary School/College)	<u>Shevaun</u> Hogan	086- 8536293
<b>Factory Junior Disco</b>	Friday's 8pm - 10pm TBC	MY Place TBC	021 4621547

## CDYS PLEASE CONTACT

For all enquiries/further information please contact [ross@cdys.ie](mailto:ross@cdys.ie) 0868031291

Drop in, Rock School, Friends, Young Leaders, Youth Council & Counselling Services.



MY PLACE مركز

دورات دراما وفنون للأطفال  
والشبيبة



WHAT'S ON AROUND ME?

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# MIDELTON

## MY PLACE

A YOUTH AND COMMUNITY FACILITY IN THE HEART OF MIDLETON

### ADULT ACTIVITIES

Activity	Time	Contact	Phone
<b>Line Dancing</b> (Pay as you go)	Monday's 7:05pm Absolute Beginners Monday's 8:05pm Beginners 9.05pm Intermediate	My Place	086-3934848
<b>Irish Wheelchair Association</b>	Tuesday's 11am to 1pm Art Classes	Helen o Neill	086 3942969
<b>Zumba Classes</b> (Pay as you go)	Tuesday's 8 - 9:00pm	My Place	086-3934848
<b>OSBC Bridge Club</b>	September 2022 Wednesday		
<b>Lal Hetherington Fitness Class</b>	Wednesday's 6:15pm - 7:15pm	Lal Hetherington	087-7463369
<b>Kangoo</b>	Wednesday's 7:30 - 8:30pm	Kitti Bugyi	086-1215513
<b>Midleton Toast Masters</b>	2 <sup>nd</sup> & 4 <sup>th</sup> Wednesday of the month	Marie Hurley	087-6681370
<b>Thursday Morning Bridge</b>	Thursday's 9.30am - 12.30pm	Jean Cantrell	086-8511432
<b>Whine &amp; Paint</b>	Last Thursday of the month	Elena Kotovenko	086-0480141
<b>P.B Fitness (Box and core fitness)</b>	Thursday's 7:00pm-8:00pm	Pamela Barry	087-9705260
<b>East Cork Choral Society</b>	Choir singing Thursday 8pm - 10pm	Angela Nicholls	087-4191614
<b>Midleton Writers Group</b>	1 <sup>st</sup> Thursday of the Month 7:30pm -10:00pm	Emma Clohessy	021-4637095
<b>Citizen Information Service</b>	<b>T.B.C. in 2022</b>	Citizen Information	0818 07 4000



دورات ولقاءات للكبار  
تشمل دهان، كتابة  
ابداعية، وغيرها



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# MIDELTON

## MY PLACE A YOUTH AND COMMUNITY FACILITY IN THE HEART OF MIDLETON

### PARENT TODDLER & ENFANT ACTIVITIES

Activity	Time	Contact	Phone
<u>Buzzi Bouncebox</u>	10am – 11.45am	Catherine Carroll	086-0654199
<u>Baby Sensory Class</u>	Tuesday's 10:20am 11:40am	Kate Alley	087-3981388
<u>Cuidiu</u>	1st Tuesday of the month	Niamh Daly	087-2954415
<u>Toddler Sensory</u>	Thursday's 10:00am 11:00am	Siobhan <u>Feehan</u>	083-4027649
<u>Happy Quavers</u>	Friday 9.30 – 11.30am	Marguerite O Sullivan	086-1626754

Please check our Face book page for one off event that happen

## Midleton Community Recreation Centre

part of the MY Place organization

<u>Aero Club</u>	Monday's	Ian <u>Anderton</u>	083-4835353
<u>East Cork Music Project</u>	School Term Music & Art Level 4 & 5	Nicole Maguire	086-1409513
<u>Art For Fun</u>	Thursday's 10 – 1pm	Helen O Neill	086-3942969
<u>Midleton Basketball</u>	Tuesday, Wednesday, Saturday	Sandra Hogan	087-2380773
<u>Tinga Tinga Child care</u>	Everyday Mon-Fri	Manuela <u>Tortora</u>	085-1086938
<u>Music Factory</u>	Accredited music & singing lessons	James McGrath	087-6815874
<u>Labanga Basketball</u>	All Levels & All ages	<u>Kestius Vadeikis</u>	087-7505121
<u>Community Games night</u>	Thursday's 7 to 10pm	MY Place Midleton	021 4621547

فعاليات للام والطفل. دورات عامة لجميع أفراد العائلة



# MIDELTON

## MIDLETON FOOTBALL CLUB (MIDLETON FC) نادي كرة القدم

Membership fees cover your personnel insurance, weekly on-going items such as referee costs, bus hire, pitch hire, laundry, training equipment and upkeep and maintenance of pitches and facilities.

التدريب منوط باشتراك سنوي. الاشتراك يشمل تأمين شخصي، تدريب أسبوعي، مواصلات للمباريات وغيرها من المصاريف.

الرجاء الاتصال مع مدرب كل فئة عمرية لمزيد من التفاصيل



<b>Monday</b> الاثنين		
5:30-6.30pm	Under 14 Boys	Shane 087 2955943 Email: <a href="mailto:smackesy7@complianceandrisk.com">smackesy7@complianceandrisk.com</a>
6.30-7.30pm	Under 14 Boys	Fergus 086 8184750 groarkefergus@yahoo.com  David 087 9057238 davidsmithjan3@gmail.com
6.30-7.30pm	Under 13 Boys	Fergus 086 8184750 Email groarkefergus@yahoo.com
7.30-9.00pm	Men	Kevin 086 3721012 Email murraykev4@gmail.com
<b>Tuesday</b> الثلاثاء		
5-6pm	Under 17 Boys	Billy 086 6025509 Email billywoods11@hotmail.com
6-7pm	Under 15 Boys	Colm 087 1331547 Email colm.fitzgerald@gilead.com
7-8pm	Under 16 Boys	Mark 087 7878880 Email Mark-jeffers@yahoo.com
8-9pm	Under 18 Boys	Barry 087 6449842 Email barrymlambe@gmail.com



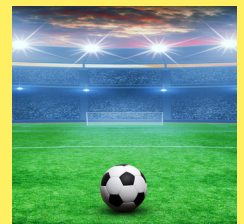
WHAT'S ON AROUND ME?

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# MIDELTON

## MIDLETON FOOTBALL CLUB (MIDLETON FC) نادي كرة القدم

<b>Wednesday</b> الأربعاء		
4-5pm	Under 14 Boys	Shane 087 2955943 Email: <a href="mailto:smackessy7@complianceandrisk.com">smackessy7@complianceandrisk.com</a>
5-6pm	Under 13 Boys	Paul 087 7555470 <a href="mailto:paul.kent@pepsico.com">paul.kent@pepsico.com</a>  Adrian 086 1646026 <a href="mailto:adrianbaker1978@hotmail.com">adrianbaker1978@hotmail.com</a>  Craig 083 3641406 <a href="mailto:Craigmurphy3910@gmail.com">Craigmurphy3910@gmail.com</a>
6-7.30pm	Under 11 Girls	Roisin <a href="mailto:roisinlobrien@gmail.com">roisinlobrien@gmail.com</a>
6-7.30pm	Under 12 Girls	Steve 087 6966110 <a href="mailto:stevehrice@yahoo.co.uk">stevehrice@yahoo.co.uk</a>
6-7.30pm	Under 14 Girls	David 089 2483843 Email <a href="mailto:davidpidoyma2018@gmail.com">davidpidoyma2018@gmail.com</a>
7.30-8.45pm	Men	Kevin 086 3721012 Email <a href="mailto:murravkev4@gmail.com">murravkev4@gmail.com</a>
<b>Thursday</b> الخميس		
5:30-6.30pm	Under 12 Boys	Derek 086 8849535 <a href="mailto:derekdeehan@yahoo.com">derekdeehan@yahoo.com</a>  Alan 086 8513205 <a href="mailto:Harr77@yahoo.ie">Harr77@yahoo.ie</a>
6:30-7.30pm	Under 15 Boys	Stevie 087 7647324 <a href="mailto:stephen@insteco.com">stephen@insteco.com</a>  Wayne 087 4143369 Email <a href="mailto:waynekirby1@hotmail.com">waynekirby1@hotmail.com</a>
7:30-8.30pm	Under 16 Boys	Cieran 086 8162854 <a href="mailto:ciars69@live.ie">ciars69@live.ie</a>  Shane 087 6298598 <a href="mailto:shanequill2000@hotmail.com">shanequill2000@hotmail.com</a>



# MIDELTON

## MIDLETON FOOTBALL CLUB (MIDLETON FC) نادي كرة القدم

<b>Friday الجمعة</b>		
5-6pm	Under 17 Boys	Billy 086 6025509 Email billywoods11@hotmail.com
7-8pm	Under 18 Boys	Barry 087 6449842 Email barrymlambe@gmail.com
8-9pm	Under 16 Boys	Mark 087 7878880 Email Mark-jeffers@yahoo.com
<b>Saturday السبت</b>		
9-10am	Girls Under 6 – Under 8	Richie 086 8692527 Email richiebutler29@hotmail.com
10-11am	Girls Under 9 – Under 10	Richie 086 8692527 richiebutler29@hotmail.com
		Caroline 087 7611317 midletonfccar@gmail.com
11-12am	Girls Under 11 – Under 12	Steve 087 6966110 stevehrice@yahoo.co.uk
		Cormac 087 355 4311 cormacdevery19@outlook.com

الرجاء الاتصال مع  
مدرب كل فئة  
عمرية لمزيد من  
التفاصيل



WHAT'S ON AROUND ME?

شو في حوالينا؟



# MIDELTON

## MIDLETON LIBRARY خدمات عامة في المكتبة

### Membership

Joining the library is completely free!

All you need to join is Photo I.D and Proof of Address

Parents/Guardians must provide Photo I.D and Proof of Address of themselves when joining kids under 18 years old

### Borrowing Items

We've got collections of:

- Fiction
- Non-Fiction
- Kids books – ages ranging from toddlers to 12 years old
- Teenage
- Young Adult
- DVDs
- Audiobooks

You can borrow 12 items for 3 weeks

### Requesting Items

You can now request items from any public library in the country. Just ask us at the desk or request them yourself with your online at

[www.corkcoco.ie/en/resident/libraries](http://www.corkcoco.ie/en/resident/libraries)

### Newspapers

We get the Irish Examiner and the Irish Times every day, plus the Southern Star, The Corkman. Come on in and catch up on the latest news!

### Internet

We have 5 public computers which can be accessed by library members.

Printing costs:

1-sided Black & White: 15c per page

1-sided Colour: 60c per page

Members have access to free wifi.

Members also have access to our scanner

### Photocopying

Black & White

1-sided A4: 15c

Doubled-sided A4: 25c

1-sided A3: 30c

### Online Services

When you become a member, you gain access to all of our free online services:

#### **E-Books and E-Audiobooks**

You can download and enjoy e-books and e-audiobooks on your computer or on your phone/tablet using the BorrowBox app

#### **E-Magazines**

You can download and enjoy a range of some of your favourite magazines for free on your computer or on your phone/tablet using the Libby app

#### **E-Newspapers**

Access archives containing decades of old Irish newspapers using one of our public computers

#### **E-Learning Courses**

Access hundreds of free online courses ranging from Accounting to Web Development

#### **E-Language Learning**

Gain access to Transparent Language Online and learn a new language!

More online services can be found at

[www.corkcoco.ie/en/resident/libraries](http://www.corkcoco.ie/en/resident/libraries)



### **Location**

Midleton Library,  
Main Street,  
Midleton,  
Co. Cork  
P25 W085

تصوير وطباعة  
مستندات,  
استعمال  
الانترنت,  
واستعارة كتب



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# MIDELTON

## MIDLETON LIBRARY

### فعاليات دورية في المكتبة العامة للكبار والأطفال

<p><i>Tuesday</i> الثلاثاء</p> <p>The Crochet/Knitting Group meets every Tuesday at 11 am - 12.00 pm.</p> <p>شغل صوف وصنارة</p>	<p><i>Wednesday</i> الأربعاء</p> <p>A Pre-school Story Time during the school year at 10:00- 10.30 am.</p> <p>قراءة قصة لأطفال</p>
<p><i>1st Tuesday of every month</i></p> <p>Adult writers group - Open to all levels and genres and meets on the first Tuesday of each month from 7.30 pm. New members welcome.</p> <p>أول الثلاثاء في كل شهر – كتابة ابداعية</p> <p><i>1st Friday of every month</i></p> <p>The Adult Reading Group meets on the first Friday of the month at 11 am.</p> <p>أول جمعة في كل شهر – مجموعات قراءة للكبار</p>	<p>Various other activities are held throughout the year, including involvement in local and national festivals, such as the <u>Seachtain na Gaeilge</u> Festival, the Summer Arts Programme and the Children's Book Festival.</p> <p>فعاليات دورية على مدار السنة, بما فيها مبادرات وطنية ومحلية مختلفة لجميع الأعمار</p>
<p>Exhibitions are held in the library from time to time, such as school project exhibitions or local craft centre exhibitions. The library occasionally runs competitions and offers prizes.</p> <p>تنظيم معارض بمناسبةات مختلفة تنظيم مسابقات</p>	<p><b>Please check with library staff on 021-4613020 for dates of monthly activities as they are subject to change.</b></p> <p>الرجاء فحص صفحة الفيسبوك أو الاتصال مع المكتبة للتأكد من عدم تغيير جدول الفعاليات ومعرفة فعاليات جديدة</p>



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# COBH

## SOCIAL AND ENVIRONMENTAL ACTIVITIES لقاءات دورية لجميع أفراد العائلة

Type of Activity	Name of activity	day	time	Course length	cost	Who is it for	Details	address	contact
Social	Cobh Men's Shed	Tues & Thur	1.30 am - 1 pm	Ongoing	Free	Men	Social groups for men to do activities together like gardening and DIY	Mount Crozier Tennis Courts, Bishop Street, Cobh,	Darren 089 216 5178
Environment	Cobh Tidy Towns			Ongoing	Free	Adults	Voluntary contribution that focus to encourage communities to improve their local environment and make their area a better place to live, work and visit.	Check Facebook page	<a href="mailto:cobhtidytowns@gmail.com">cobhtidytowns@gmail.com</a>

المركز الجماهيري في كوف  
هناك فعاليات ودورات دورية  
خلال جميع أيام الأسبوع لجميع  
أفراد العائلة.  
الرجاء التواصل مع المركز  
للحصول على قائمة الفعاليات  
والنشاطات.



### CONTACT

Cobh Community Centre  
Orelia Terrace,  
Kilgarvan,  
Cobh,  
Co. Cork,  
Ireland, P24WP82

Charity No: CHY 14473  
Reg No: 339641

+353 21 48 15904

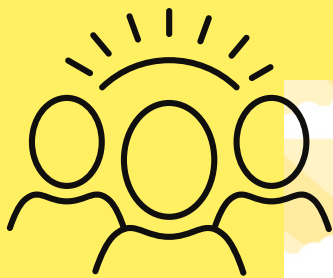
[office@cobhcommunitycentre.ie](mailto:office@cobhcommunitycentre.ie)

### OPENING HOURS

Monday - Friday  
7:00am - 22:00pm

Saturday + Sunday  
9:00am - 18:00pm

Closed on Bank Holidays



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# COBH

## مركز خدمات العائلة



### COBH FAMILY RESOURCE CENTRE

Spring 2023 Adult Education Courses

#### Health and Wellbeing

For those wishing to take time to engage with Yoga, Meditation and Tai Chi, this course is a great opportunity to engage in such practices as a beginning point or as a continuation of an existing practice

Tuesday March 7<sup>th</sup> @ 10am-12pm for 6 weeks

#### Social and Therapeutic Horticulture

Learn how to grow your own veg and herbs; from seed to the table.

Thursday February 23<sup>rd</sup> @ 11am – 1pm for 6 weeks

#### Painting

Explore your inner artist in a class suitable for beginners and those wishing to reconnect with their art skills

Wednesday February 22<sup>nd</sup> @ 10am-12pm for 6 weeks

#### Computers for Beginners

An exciting opportunity to reacquaint yourself with the world of computers. Suitable for all beginners or those wishing to do a refresher course.

Tuesday February 21<sup>st</sup> @ 11am-1pm for 6 weeks



#### Care for our Well-Being

Participants will have the opportunity of exploring questions in an enjoyable, interactive way, questions such as: What is well-being? How do I know when I'm well? What helps me stay well? What happens me when I'm feeling stressed and distressed? What can I do about it?

This course is facilitated by SHEP trained facilitators and will run for 8 weeks from Wednesday 22<sup>nd</sup> February 7pm - 9:30pm

Courses cost €20 each.  
Contact Andi on 086 0415168 or [cdow@cobhfamilyresourcecentre.ie](mailto:cdow@cobhfamilyresourcecentre.ie)

دورات رسم,  
كمبيوتر,  
زراعة, تأمل  
وغيرها

تكلفة كل  
دورة 20  
يورو

يمكنكم الاتصال مع أندي لمزيد من التفاصيل

086 0415168 or [cdow@cobhfamilyresourcecentre.ie](mailto:cdow@cobhfamilyresourcecentre.ie)



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# COBH

## Cobh library خدمات عامة في المكتبة

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When you become a member, you gain access to all of our free online services:

#### **E-Books and E-Audiobooks**

You can download and enjoy e-books and e-audiobooks on your computer or on your phone/tablet using the BorrowBox app

#### **E-Magazines**

You can download and enjoy a range of some of your favourite magazines for free on your computer or on your phone/tablet using the Libby app

#### **E-Newspapers**

Access archives containing decades of old Irish newspapers using one of our public computers

#### **E-Learning Courses**

Access hundreds of free online courses ranging from Accounting to Web Development

#### **E-Language Learning**

Gain access to Transparent Language Online and learn a new language!

More online services can be found at

[www.corkcoco.ie/en/resident/libraries](http://www.corkcoco.ie/en/resident/libraries)

### **Location**

Cobh Library,  
Arch Building,  
Casement Square,  
Cobh,  
Co. Cork,  
P24 RX89



تصوير وطباعة  
مستندات,  
استعمال  
الانترنت, واستعارة  
كتب



WHAT'S ON AROUND ME?

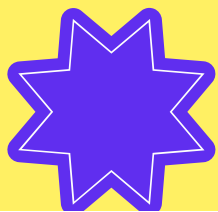
شو في حوالينا؟

# COBH

## Cobh library

### فعاليات دورية في المكتبة العامة للكبار والأطفال

الأربعاء <i>Wednesday</i>	الجمعة <i>Friday</i>
<p>The Library's Knit &amp; Natter group meets from 10:30 am to 12:30 pm to learn new skills and put the world to right over a cuppa. All welcome.</p> <p>شغل صوف</p>	<p>Story Time and colouring for kids at 3:30 p.m.</p> <p>قراءة قصة وتلوين للأطفال</p>
<p>The Adult Book Club meets in the library once a month. Contact the library for reading lists and meeting times.</p> <p>مرة كل شهر – نادي قراءة للكبار</p> <p>يمكنكم الاتصال مع المكتبة بخصوص التواريخ وقائمة الكتب</p>	<p>Various activities are held throughout the year, including involvement in the <u>Bealtaine</u> Festival, the Summer Arts Programme and the Children's Book Festival.</p> <p>فعاليات دورية على مدار السنة، بما فيها مبادرات وطنية ومحلية مختلفة لجميع الأعمار</p>
<p>Regular photographic exhibitions are held throughout the year, by such groups as the Cobh Harbour Islands Project and the local YMCA.</p> <p>تنظيم معارض دورية لمجموعات مختلفة</p>	<p><b>Please check with library staff on 021-4811130 for dates of monthly activities as they are subject to change.</b></p> <p>الرجاء فحص صفحة الفيسبوك أو الاتصال مع المكتبة للتأكد من عدم تغيير جدول الفعاليات ومعرفة فعاليات جديدة</p>



WHAT'S ON AROUND ME?

شو في حوالينا؟

